



Hemorrhoids

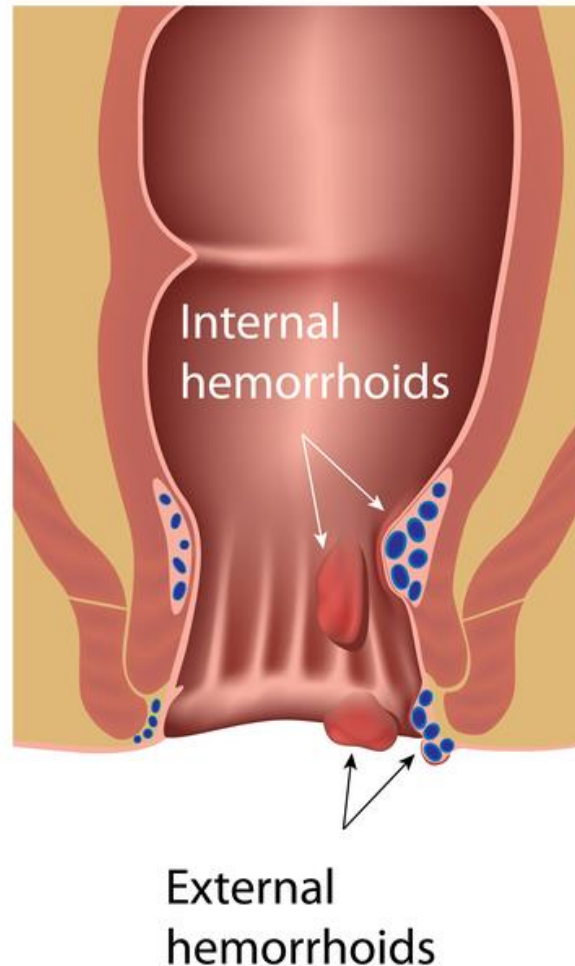
Straining to find Relief with Homœopathy

Hemorrhoids

Symptoms

Causes

Itching	Straining during bowel movement
Irritation and Pain	Chronic constipation
A Lump or Swelling	Sitting on the toilet for a long time
Painful bowel movement	Family history
Blood	



Hemorrhoids are swollen veins located around the anus or in the lower rectum. Hemorrhoids can either be internal or external. Internal hemorrhoids develop within the anus or rectum. External hemorrhoids develop outside the anus. Hemorrhoids are also known as piles. They are associated with bleeding.





Curing Hemorrhoids Seminar

**SOLD OUT
SITTING
ROOM ONLY**





Sitting



Squatting

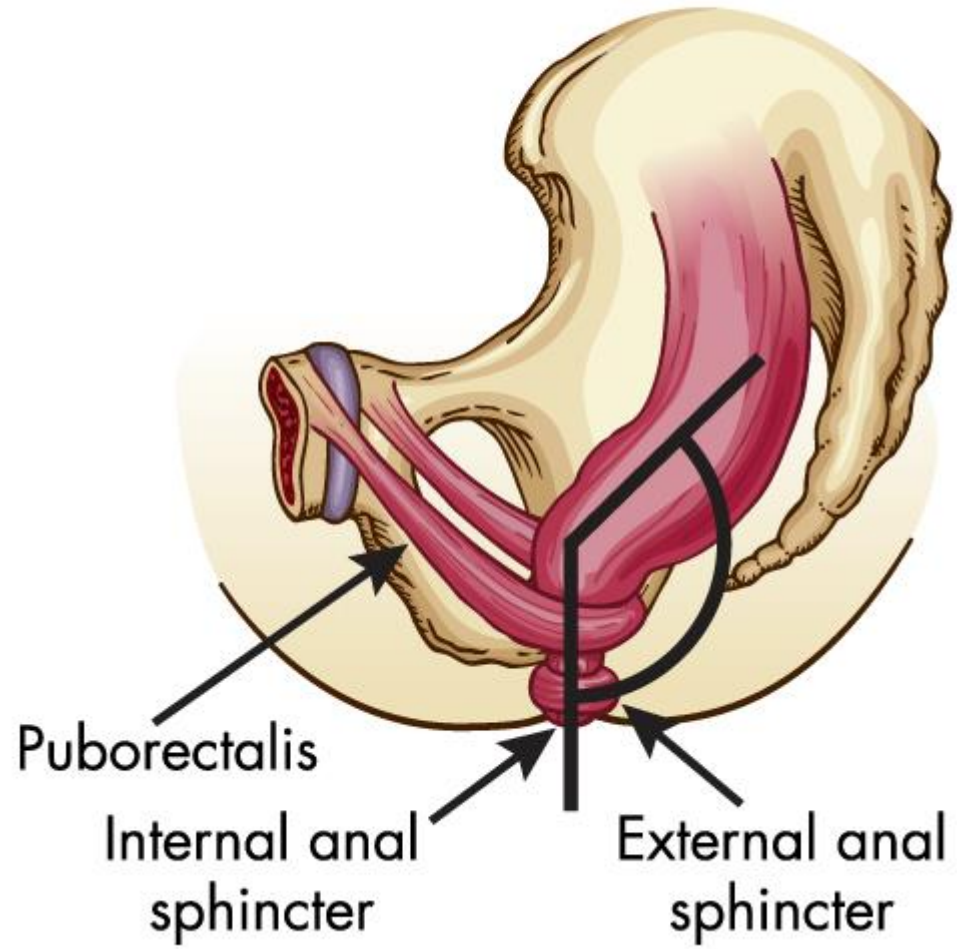


UNHEALTHY

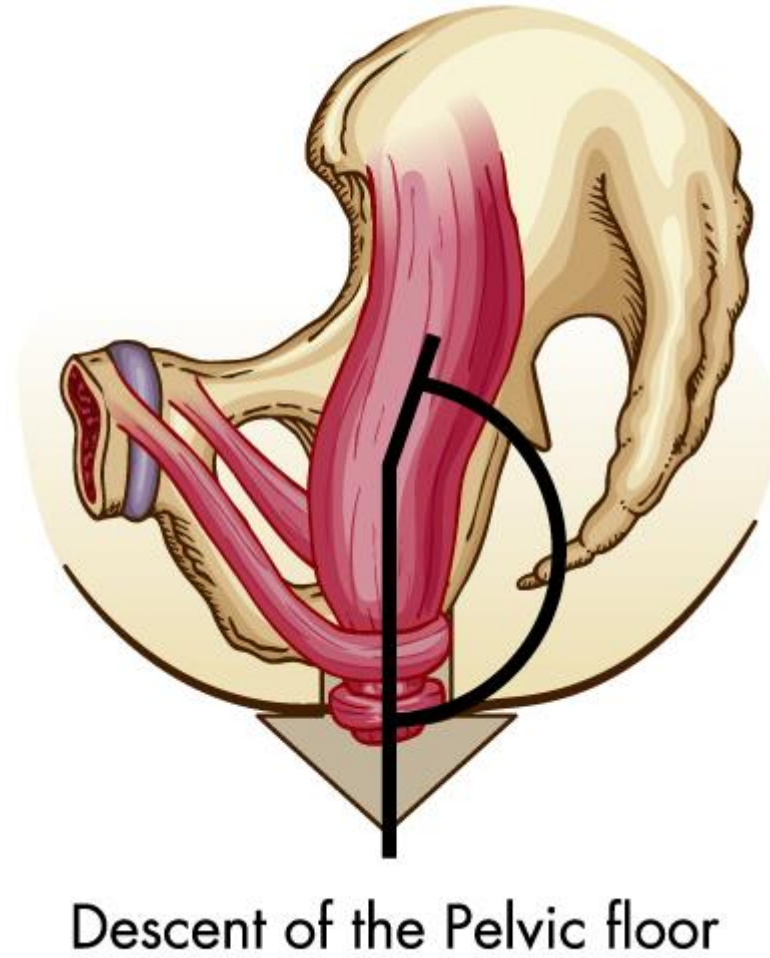
HEALTHY

BATHROOM POSTURE

Sitting



Squatting





Green Drinks!!

1 banana

2 medjool dates

1 apple (honey crisp or fuji)

Half an avocado

3 cups of spinach

1 cup of water (high quality)

Half serving of Garden of Life Raw Meal

1 serving of Vibrant Health Green Vibrance

6 or 7 ice cubes



Green Drinks!!

Container made of Eastman Tritan™ copolyester is virtually unbreakable, chemical resistant and contains no BPA. This see-through, no-drip-spout, container lets you witness the processing from start to finish, and it features raised calibrations so that you can easily measure ingredients in ounces, cups or metrics.

Hardened stainless-steel blades with both hammermill and cutting surfaces that break down the food and ice inside the container to ensure consistently smooth results.

Metal-to-metal (not rubber or plastic) container-to-base construction for maximum durability and long life.

Heavy-duty base is made from fire retardant ABS plastic and thermal set polyester. Available in white, black and red with new designer label.

Tamper allows you to blend thick, dense ingredients that would bring other blenders to a halt. Remove lid plug to use safely while machine is running. Collar prevents tamper from hitting blades during operation.

Removable lid plug made of Eastman Tritan™ is marked with measurements and allows ingredients to be added while processing. Spill proof lid vents to allow hot or cold food to expand and contract. New lid locking mechanism means anyone can take the lid off with ease.

Ergonomically designed soft-touch handle for comfort and control.

Exclusive 64-oz./2.0 ltr. container design creates a powerful vortex that forces ingredients up from the blade and back down the center to ensure consistent processing.

Variable speed control and high speed switch set blade speed from 11mph to 240mph and facilitates a wide range of food prep tasks, including four processes no other single appliance can handle - making juice, cooking soup, making ice cream, grinding grain.

High performance, cool running motor, custom-designed for Vita-Mix, propels the blades for consistent results..

Automatic shut off provides thermal motor protection.

PLUS...all updated "cooking show quality" DVD cooking class, *Getting Started Guide*, and cookbooks!





Apple Cider Vinegar

Soak a cotton ball or some toilet paper with apple cider vinegar and apply it to the hemorrhoid area. Repeat this process until the inflammation disappears and symptoms resolve.

Rutin

A health-promoting compound found in numerous plants such as buckwheat, oranges, grapefruit, lemon, cranberries, and asparagus (to name just a few), rutin is another home remedy often used for hemorrhoids. One individual on Earthclinic said: *"I have had a hemorrhoid for almost a year now. Just last week I started taking Rutin 500mg twice a day, in the morning and one before going to bed. ... taking Rutin for only a week the inflammation has gone down and my hemorrhoid thankfully is almost gone, it's less than a size of a pea today."*





Coconut Oil

Apply coconut oil directly to hemorrhoids, rinse and repeat. In addition to symptoms subsiding, the hemorrhoids should disappear over the course of just a few days.



Witch Hazel

An astringent and healing tree, witch hazel is one of the oldest known natural remedies for hemorrhoids. Just soak a pad or cotton ball with witch hazel and apply it to the area.





Aloe vera





Homœopathic Treatment of Haemorrhoids

As in all troubles, a certain number of remedies are found to be indicated oftener than others; but the limit of application must not be drawn about them, or we cease to be Homœopaths. With this precautionary injunction however, it is best to call attention to what may not inaptly be called the "**big four**" list which comprises **Aesculus**, **Aloes**, **Muriatic acid** and **Sulphur**; and it is really astonishing what they will accomplish. Study them carefully in cases that seem devoid of "characteristics" and especially look to the respective remedies when the following symptoms are present: **Aesculus** in cases where **backache** is prominent. **Aloes** when **itching** is the most troublesome symptom. **Muriatic acid** when **tenderness** is excessive. And **Sulphur** in cases that have been maltreated with ointments.

Henry Newall Guernsey



Homœopathic Treatment of Haemorrhoids

Aggravation and amelioration in general, as found in other repertories, should be consulted if need be to confirm the selection of the remedy.

Concomitant symptoms are of importance in choosing the medicine, especially if they contain a peculiar or important symptom; and the search for these must not be confined to the meagre collection here given.

Some of the symptoms have not, by any means, the number of remedies attached that belong to them, for the obvious reason that the provers might easily have failed to mention them; such for instance are "external", "soft", and "small", and others of a negative character.

Henry Newall Guernsey



JOHN HENRY CLARKE, M.D., C.M.
1853-1931

Haemorrhoids and Habitual Constipation: Their Constitutional Cure

Some four-and-twenty years ago I received from a patient a very valuable lesson in the treatment of haemorrhoids, which has been of the greatest service to me ever since. With the impatience of youth, the progress of the case seemed to me so slow, that I advised the patient, a lady past middle life, to undergo an operation. This she emphatically refused to do, and insisted that I should cure her by medicines; and I did. From that day to this I have not had occasion to advise operation in any case of the kind, in a large experience both in hospital and in private practice. I do not maintain that I have succeeded in curing all cases; but **those which were not actually cured were so far benefited that no operation has been required.**

John Henry Clarke



JOHN HENRY CLARKE, M.D., C.M.
1853-1931

Haemorrhoids and Habitual Constipation: Their Constitutional Cure

And here I may say a word about the time required for medicinal cures in chronic cases. It was my impatience in the case I have alluded to that led to the suggestion of operative measures. The patient herself was quite willing to wait as the event showed. I am convinced that if medical men realized that **haemorrhoids are based on a constitutional state** that is remediable, they would not so readily condemn patients to the surgeon's knife.

But constitutional states require time for their change, and it is as ridiculous to expect to effect it in a short time, as it would be to expect a patient in typhoid fever to be well in a few days. And it must be remembered that though the ways of surgery are apparently more expeditious, **surgery never cures a constitutional state**. On the contrary, **after a surgical operation the organism has to recover from the shock**, and this may take a long time, and perhaps may never be complete. And **this is especially true in cases like those of piles, where the constitutional morbid condition is left untouched by the operation...**

John Henry Clarke



JOHN HENRY CLARKE, M.D., C.M.
1853-1931

Haemorrhoids and Habitual Constipation: Their Constitutional Cure

That **piles are not a mere local affair is proved, among other things, by the fact that they very often run in families. Gouty persons are especially liable to be troubled with them.** In fact, piles are one of the commonest manifestations of gout. Moreover, **piles are closely associated with the whole abdominal circulation, especially that of the liver.** Essentially piles are a varicose condition of the veins distributed to the lowest portion of the rectum or lower bowel, with more or less hyperplastic growth of connective tissue. In this position there is a very rich network of veins which communicate freely with the portal and general venous systems. If piles occur outside the sphincter muscle which constricts the orifice they are called external, if within the muscle they are internal. Sometimes they are partly one and partly the other. **Since, then, piles are essentially varicose veins they will naturally be dependent on the state of the venous system to which they belong.** Now the veins of the internal abdominal organs belong to the portal system and discharge their contents into the liver. Any affection, therefore, of that organ which impedes the blood-flow through it, tells on the veins of the rectum, and may give rise to piles, or if piles already exist, may aggravate their condition.

John Henry Clarke

Haemorrhoids and Habitual Constipation: Their Constitutional Cure

To judge by my experience, there must be something in the atmosphere of the Houses of Parliament, or in the habits they engender, conducive to the production of haemorrhoids ..., and the first case I will mention here is that of a prominent politician who consulted me some years ago.

John Henry Clarke



Ammonium carbonicum

BLEEDING PILES; WORSE DURING
MENSES. Itching at anus. Protruding
piles, worse after stool, better lying
down.

William Boericke's *Pocket Manual of
Homœopathic Materia Medica*





Nux vomica

ITCHING, BLIND HEMORRHOIDS, with ineffectual urging to stool; very painful; after drastic drugs. FREQUENT INEFFECTUAL DESIRE, OR PASSING BUT SMALL QUANTITIES AT EACH ATTEMPT. ABSENCE OF ALL DESIRE FOR DEFECATION IS A CONTRAINDICATION. Alternate constipation and diarrhoea - after abuse of purgatives. Urging to stool felt throughout abdomen.

William Boericke's *Pocket Manual of Homœopathic Materia Medica*

The blind piles appear in the form of tubercles of different sizes, from that of a pea, up to a pullet's egg. They are distinguished from other tubercles about the anus, by their colour and resistance to the touch, for they appear livid or black, and, when pressed by the finger, they feel like a bladder filled with water; which circumstances are not observed in other tubercles in the anus, or about it: some of these are soft and not painful, others are hard, painful, and inflamed. This kind of piles generally appear in costive habits that are plethoric, and in women that are pregnant, or after difficult labour, or suppressed menses. If these blind piles burst, they form the open, or bleeding piles. The blind piles some-

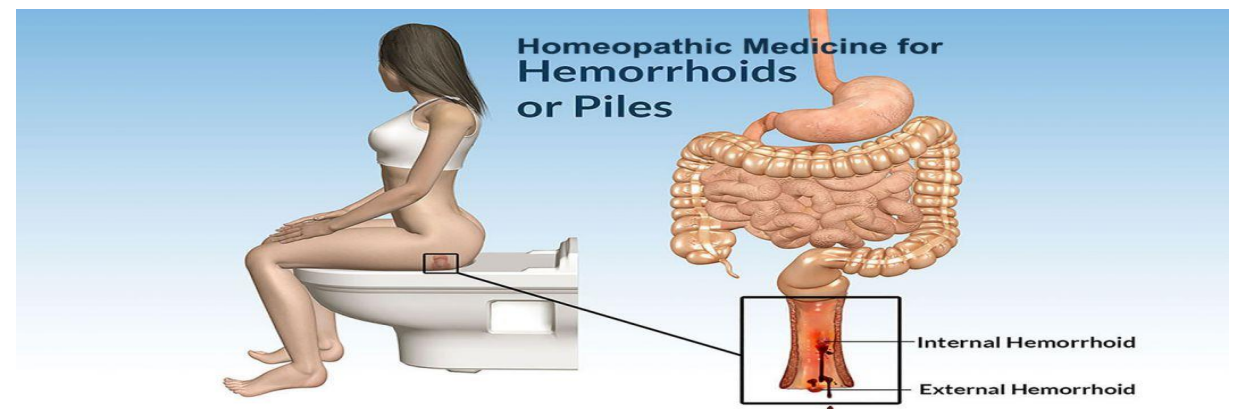
334 *The Nature and Expulsion* §.109.

who are usually costive, are more subject to the Piles than others; in them the hard and globular figur'd Fæces filling the whole Cavity of the Intestine, cannot be discharg'd without violent straining; so that by the strong Pressure of the Diaphragm and abdominal Muscles upon the *Rectum* to discharge its Fæces, the Veins distributed upon the Surface of that Intestine are strongly compressed, and their Blood stopt in its Passage; so that being still drove forward by their Artery into them, they are more distended with Blood; and being almost destitute of Elasticity, they remain dilated even after the Pressure ceases, which occasions varicose Tumours or Knots, continuing distended with thick Blood; which upon a Repetition of the former Pressure burst, and discharge a Quantity of thick and dark-colour'd Blood, which is called the open Piles; but while the varicose Tumours remain entire, they are call'd the dry or blind Piles. If the Coats of the Veins were thick and strong, the Piles remain blind, or dry, with great Pain; but if they were thin and weak, they break easily. Men of Letters are frequently subject to this Disorder from a Constipation of their Bowels; whence arises Pain and many bad Symptoms, in those Persons whose Nerves are easily disorder'd from the smallest Causes of any other kind; these will find

Boerhaave's description (Translation of *Praelectiones academicae in proprias institutiones...*), London, 1742, p.334:

From Smythson, H., *The Complete Family Physician*, London, 1785, pp.253-254:

"... when there is no discharge of blood, but only hard and painful tumors at the lower part of the rectum or straight gut, the disease is called the *blind piles*..."



Abrotanum

Abrotanum patients are especially sensitive to the stoppage of discharges, and we observe that immediately after such stoppage a new, deeper and more serious internal condition appears. Hemorrhoids are suppressed and a heart condition manifests itself, or an ulcerative colitis starts up.

The Abrotanum patient may have chronic diarrhea but does not feel bad with it in general; he does however feel most sensitive to a sudden stoppage of the diarrhoea, whether due to some strong medicine or otherwise. The stoppage is immediately succeeded by the appearance of piles, stomach pains, a rheumatic condition or a heart problem.

Many internal diseases can supervene after suppressed hemorrhoids, as after their extirpation. The hemorrhoids themselves are inflamed, protrude, burn when touched or while pressing at stool and like in Aesc. or Nux-v., they are accompanied by sacral pains. During a "hemorrhoidal colic" the patient is restless, sleepless...

George Vithoulkas' *Materia Medica Viva*





Arsenicum album

Haemorrhoidal lumps at the anus, which, especially at night, burn like fire, and permit no sleep, but by day the pain becomes worse, and changes into violent stitches; worse when walking than when sitting or lying. Blind haemorrhoids with pains like slow pricks with a hot needle.

Samuel Hahnemann *Materia Medica Pura*



Bromium

Intensively painful hemorrhoids, worse during and after stool, worse from the application of cold or warm water; ameliorated by wetting with saliva.

Blind or internal hemorrhoids aggravated by walking, ameliorated by cold.

Pain in the rectum aggravated by warm bathing.

George Vithoulkas' *Materia Medica Viva*

A close-up photograph of a Hamamelis (witch hazel) branch. The branch features several clusters of small, bright yellow, star-shaped flowers. Large, green, ovate leaves are visible, some showing small holes from insect damage. The background is a soft-focus green, suggesting a natural outdoor setting.

Hamamelis

Anus feels sore and raw. HEMORRHOIDS,
BLEEDING PROFUSELY, WITH SORENESS.
Dysentery. Pulsation in rectum.

William Boericke's *Pocket Manual of Homœopathic
Materia Medica*



Badiaga

I have put sponge as an anti-haemorrhoidal remedy, because Hering says it is useful in the complaints of adults who had manifestations of scrofula in their youth, and because it has a reputation in Russia for the cure of piles. Now there is a class of persons who are strumous and haemorrhoidal, and hence it may be worth remembering, especially when the lung or heart symptoms of Badiaga are present.

James Compton Burnett's *Diseases of the Veins*

Ferrum phosphoricum

Hemorrhoids with obstinate
constipation. Hemorrhoids with
catarrh of stomach and bowels.

Robin Murphy's *Natures Materia Medica*,
vol. 3



Hemorrhoid Case #1

This is a patient suffering from hemorrhoids which started in the 5th month of her pregnancy. The hemorrhoids occurred in conjunction with severe constipation which also started during the pregnancy. There is a full feeling in the rectal area which is fairly constant throughout the day. The pain will generally follow a bowel movement and will last for about an hour after relieving herself. She also describes a sensation of small sticks in the rectum which is also aggravated after a bowel movement. The pain is worse from both sitting and standing. There is also quite a bit of itching in the rectal area. Since her pregnancy and the onset of the hemorrhoids, she has been complaining of lower back pain.

Hemorrhoid Case #2

This patient has burning and itching hemorrhoids which will tend to ooze a clear liquid that over a period of time crusts over. In addition, the patient has fissures in the rectal area which bleed even when they are not having a bowel movement but especially when they do. The pain from the hemorrhoids will last up to two hours after having a bowel movement. The hemorrhoids are very sensitive and worse from touch. They are ameliorated whenever the patient spreads the cheeks of their butt. Even though the hemorrhoids are extremely itchy, the itching does not seem to affect the hemorrhoids in any significant way. Due to the extreme pain, the patient will tend to walk around in agony.

Hemorrhoid Case #3

This patient developed both constipation and hemorrhoids in the last trimester of her pregnancy. The hemorrhoids feel both painful and swollen. In addition, she describes a sensation as if there are small pieces of broken wood or splinters in her rectum. Since the hemorrhoids started she has been experiencing a great deal of abdominal bloating and flatulence. One very strange symptom is that whenever the hemorrhoid symptoms improve, she starts to experience terrible palpitations. She used to have palpitations when she was younger but their return has coincided with the latter part of her pregnancy. She is also exhausted by each bowel movement.

Hemorrhoid Case #4

This patient has burning hemorrhoids which itch terribly. He will, whenever he can, scratch them incessantly. The hemorrhoids can be seen protruding from the anus although when he eats a diet rich in roughage, they will retract for a period of time. The hemorrhoids are worse from sitting, walking and also when passing gas. They are significantly improved with any kind of cold application. Consequently, he will often apply cold water to the rectal area which ameliorates the burning and itching. He describes a strange sensation as if his rectum is not closing all the way. He also has diarrhea with lots of mucous in his stools. He says he is afraid to pass gas as he thinks he may lose his stool as a result.

Hemorrhoids Case #5

This patient has burning, painful hemorrhoids along with a general feeling of exhaustion. He reports that his thighs have been particularly weak. The hemorrhoids have a bluish color and protrude after urinating. The hemorrhoids are greatly aggravated after having a bowel movement with the pain lasting many hours afterward. The pain is greatly ameliorated from warm applications and especially after soaking in warm bathwater. The hemorrhoids are extremely sensitive to touch and burn terribly when anything comes into contact with the hemorrhoids. The patient also has extremely offensive body odor and breath.

Hemorrhoids Case #6

This patient has very large, moist hemorrhoids which occur whenever they are constipated. There is tremendous itching with the hemorrhoids and the discomfort is very much aggravated whenever he scratches them which he does frequently. There is a sensation of fullness in the rectal area which is generally worse at nighttime. The sensation of fullness and discomfort is also worse after each bowel movement and from any warm application to the area. The discomfort is significantly ameliorated by sitting in a tub of cold bathwater and also whenever anything cold is applied to the area. The patient is extremely outgoing and friendly and discusses his hemorrhoids without any sense of embarrassment.



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The Box and the Book

Homeopathic Housecall was inspired by a 19th century home kit that became one of the most important factors in the early development and spread of homeopathy. Dr. Constantine Hering originally published *The Homoeopathic Domestic Physician* in 1835. Nearly fifty years later, the final and seventh edition was published shortly after his death.



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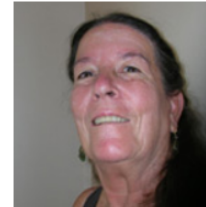
Over 135 Years of Combined Clinical Experience!



Joe Kellerstein, ND

35 years experience

One of the most prominent names in homeopathy worldwide, Dr. Kellerstein has been practicing homeopathy since he graduated at the top of his class from the Ontario College of Naturopathic Medicine in 1984. Joe has been lecturing at numerous schools since 1987, teaches online classes for WholeHealthNow and publishes regularly in *Homeopathy Today*. He has a particular interest in Neuro-Linguistic Programming and Clean Language as tools for effective case taking.



Maryann Ivons, ND

32 years experience

Dr. Ivons started her medical career as an emergency room and intensive care nurse before becoming a naturopathic physician in 1987. She has been practicing homeopathy since, while also lecturing at Bastyr University and the Seattle School of Homeopathy and serving as Dean of Academic Affairs for the American Medical College of Homeopathy. Maryann is the author of *Homeopathy for Nurses* and a contributor to Vogel and Krucoff's *Integrative Cardiology*.



Farokh Master, MD

39 years experience

One of the most experienced practitioners and prolific authors in the field, Dr. Master is well known for his work with homeopathy in advanced pathological conditions. He currently lectures internationally while supervising several teams of doctors at six different medical facilities near Mumbai. Since he began practicing in 1980, Farokh has been the recipient of numerous awards for his contributions to both homeopathy and the treatment of cancer.



Kim Elia

32 years experience

Recognized around the world as one of most knowledgeable and dynamic teachers of homeopathy, Kim Elia is also a practicing homeopath, a nutritionist and the CEO of WholeHealthNow. He graduated from the New England School of Homeopathy and practiced for several years with Drs. Paul Herscu & Amy Rothenberg. Kim designed and taught the 4-year classical homeopathy curriculum at the Hahnemann Institute in Tokyo and Osaka.



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